

## **Restricted Standing Orders**

### **Rules for Restricted Personnel**

1. You will surrender your military identification card to the watch supervisor and will be issued a restricted identification card for the duration of your restriction.
2. Your restricted identification card will be displayed on your left breast pocket at all times. An orange safety vest will be worn as directed by the CMAA
3. Your commuted rations will be terminated for the duration of your restriction. You will march to and from regular meals at the main galley, escorted by the duty Master-At-Arms.
4. You will have a complete seabag and all items will be stencilled. Those personnel without a full seabag upon arrival will be escorted to the Uniform Shop to obtain necessary items prior to checking in at Building 861. You may not possess or wear any civilian clothing.
5. While on restriction, you may wear no facial hair unless authorized by a medical officer. Members with no shave cuts will not wear goatees or "funchu" styles.
6. Males will be assigned berthing at Building 861, females at Barracks 14 room 105. Your rack and locker must be tagged with your name, rate, SSN and parent command/department. All gear must be stowed "Boot Camp" style in your locker on proper shelves, and your locker must be locked when not in use.
7. A bedroll will be issued to you. You will be responsible for the cleaning and care of it. Bedrolls will be washed every weekend. You will wash and turn in your bedroll prior to your release from restriction. Your rack will be made "Boot Camp" style and the top rack shall be made opposite of the bottom rack.
8. While restricted, you are subject to unannounced Health and Comfort inspections. Contraband found by the inspector may be used as evidence against you at a non-judicial punishment or court-martial. Contraband is defined as any article not authorized by the CMAA and includes, but is not limited to, civilian clothing, alcohol, tobacco, drugs and related paraphernalia, tools or weapons of any form, dice, playing cards, and any form of personal entertainment device or item. Military newspapers, military magazines (2 maximum), and military books are authorized reading material during the hours of 1700 - 1900 ONLY. Pornography of any kind and materials that bring discredit upon the United States Armed Forces are forbidden.
9. Reveille is observed at 0500 Monday through Saturday and 0600 on Sunday. The berthing areas will be vacated from 0730 until 1530 daily. There will be no laying down or sleeping except between taps and reveille. No one will be on any rack between reveille and taps.
10. While on restriction, you will refer to all military personnel in the appropriate manner, for example: Petty Officer, Chief, Senior Chief, and Sir or Ma'am to commissioned officers and civilians. When any officer enters the Building 861 compound, and when the CMAA or any E-7 and above enters the berthing, "Attention on Deck" will be called, and you will stand at attention until ordered to carry on.
11. Restricted personnel wishing to enter Building 861 will knock 3 times on the door and state, "Request Permission to Enter". Upon receiving permission, you shall enter, uncover, position yourself at attention in front of the control room counter and state, "Request Permission to Speak." You shall wait for permission prior to speaking again.
12. Muster times are as follows: 0630, 1130, 1630, 2000 and 2100 daily. The CMAA, ACMAA or Watch Supervisor will assign additional musters as needed. Musters will be in formation where designated by the duty Master-At-Arms, normally duty Master-At-Arms, normally on the sidewalk directly west of Building 861. Musters will be in clean, neat working uniforms. You are subject to inspection at each muster. Exceptions to muster are those personnel sick in quarters or those actually attending religious services.
13. A sweepers will be held at 0730 and there is an all-hands field day in the berthing from 1900 to 2045 each day. You must remain in berthing from 2200 until 0500 daily unless on watch. The duty Master-at-Arms will conduct unannounced head counts during those hours.

14. General Military Training will be held every Tuesday and Saturday at 1330.
15. Supervised Physical training will be held daily in accordance with the new PRT program. A score of Satisfactory-medium or better is required on each exercise event to meet the standard. Individuals who barely meet the PRT standards will receive quality physical fitness training on Tuesday and Thursday evenings.
16. Taps will be observed at 2200 nightly and the laundry facility will be secured at that time. The Sailor's Creed will be recited nightly at taps.
17. While restricted, you are encouraged to pursue personal goals and reasonable arrangements may be considered on a case by-case basis.
18. Restricted personnel shall not touch the cameras, alarms, or associated equipment placed throughout the building. Any person in the vicinity when equipment is damaged may be held accountable.
19. You are not to consume any alcoholic beverages. You will use tobacco products only during authorized MAA supervised breaks. You may not have food in your possession at any location other than the galley. You may not get a drink without the permission of the MAA or your escort.
20. Loud and boisterous behavior is prohibited and will not be tolerated.
21. Talking in the galley is prohibited. If you want a second portion of food or drink, you will get an MAA's attention by raising your hand, and receive permission before leaving your seat.
22. You will not engage in violent or prejudicial behavior. Any member engaging in harassment, assault, discrimination, hazing, inciting riots, or any other behavior detrimental to good order and discipline will be prosecuted under the UCMJ at non-judicial punishment or court-martial.
23. While in a restricted status, you will not be allowed to leave Building 861 unless a Master-at-Arms or a duly appointed representative escorts you.
24. You will use the Navy Exchange facilities only when properly escorted. NEX runs will be every Wednesday, operational commitment permitting. NEX runs will include the barber shop, uniform shop and Q-Mart.
25. You will not patronize any recreational facilities or enter NAS Lemoore Family housing or any barracks area except in the performance of your duties and properly escorted. You will receive your work assignments from the Watch Supervisor. You will not return to your command or department to work while in a restricted status.
26. You are not to be in any privately owned vehicle. Your private vehicle is to be moved to the barment lot at pass and decal prior to checking into Building 861 and will remain there for the duration of your restriction. You may be in government vehicles only in the performance of your duties.
27. You may not receive any deliveries at Building 861 except for mail. All mail is subject to inspection for contraband. All items brought by or given to visitors must be delivered to the control room and are subject to inspection.
28. Use of the telephone is a privilege and is limited to five minutes on the payphone located in the check-in area of Building 861.
29. Unofficial visitation is from 1700 to 1900 every day and will end at 1800 for those awarded extra duty. Visitors must be 18 years or older or dependent children of the member and accompanied by an adult. Visitors may be met in the check-in area adjacent to the control room and will be entertained in the courtyard west of Building 861 and in full view of the control room window after being properly signed in. Visitors are limited to two personal friends at any one time, or a reasonable group of family members as determined by the watch supervisor. Boisterous behavior or undue familiarity is not permitted. You must have the MAA's permission to visit with anyone. Visitation includes talking to, gesturing at, or waving at anyone.

30. Orders given by the CMAA or any of the MAA staff are to be considered as issued directly by the Commanding Officer and shall be treated as such.
31. While on restriction, you are responsible to know, understand, and follow all standing orders as promulgated by the CMAA.
32. Failure to comply with the foregoing instructions may result in the loss of privileges and/or prosecution under article 134 of the Uniform Code of Military Justice.
33. While on restriction, a writtem record of your performance will be maintained. Upon completion of restriction, a copy of your performance record may be forwarded to your command/department.
34. All times stated in these Restricted Standing Orders are subject to change due to operational commitments.
35. These Restricted Standing Orders are in addition to those signed by you at your command/department.

**I certify that I have read and understand the Restricted Standing Orders and will comply with the same.**

_____	_____	_____	_____
Restrictee Signature	Date	Watch Supervisor Signature	Date

I have received a bedroll consisting of:

2 sheets \_\_\_\_\_ 1 blanket \_\_\_\_\_ 1 bedspread \_\_\_\_\_ 1 pillow and case \_\_\_\_\_

_____	_____	_____	_____
Restrictee Signature	Date	Watch Supervisor Signature	Date

I have received one set of orange PT gear consisting of:

PT shirt # \_\_\_\_\_ PT shorts # \_\_\_\_\_

**Restricted sailor acknowledges he or she is responsible for the proper care of the PT gear and will be held responsible for its replacement if damaged. Member will return gear upon checking out of restriction.**

_____	_____	_____	_____
Restrictee Signature	Date	Watch Supervisor Signature	Date